

# IRT UK Practitioners listing

Issued on: 06/01/2009

Last Name	First Name	County	Home Phone	Email Name	Field
Amos	Steve	Scotland	0131 622 0437	steveamos@blueyonder.co.uk	Addictions

**Practice Details:**

Reality Therapy Certified

Steve offers general counselling and specialises in Addictions. He is also a member of our faculty team

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Bradbrook	Ruth	Somerset		ruthieb@ecosse.net	Young People
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**Practice Details:**

Reality Therapy Certified

Ruth offers training and consulting for all areas of RT and LM as well as personal coaching/mentoring  
Ruth is a practicum supervisor with the Institute Faculty.

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Last Name	First Name	County	Home Phone	Email Name	Field
<b>Briand</b>	<b>Luc</b>	<b>Buckingha</b>	<b>01442 870954</b>	<b>lourienb@hotmail.com</b>	<b>Schools &amp; Education</b>

**Practice Details:**

Reality Therapy Certified

I have been a member of the Reality Therapy movement in the UK for the last 10 years. I have been counselling privately in Hertfordshire since then, and I have been a member of the Faculty since its creation. In the past few months I have been counselling at the Summit Health Care Centre in Highgate (London). I have also been a language teacher for adults since 1984. I do the bulk of my work in the local prison now. I tend to find the best approach is the relaxed approach.

<b>Brickell</b>	<b>John</b>	<b>Hampshire</b>	<b>01794 885 898</b>	<b>john@realchoiceuk.com</b>	<b>Staff Training</b>
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**Practice Details:**

Reality Therapy Certified

John is Director of Training for the Institute, and Director of The Centre For Reality Therapy (UK) which is a training service provider. John is an senior instructor, and a member of the Senior Faculty of The William Galasser Institute (our parent organisation). He offers training and intensive workshops leading up to certification (RTC) around the country as well as general counselling services.

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Davies</b>	<b>Neil</b>	<b>Suffolk</b>	<b>01284 700066</b>	<b>neild@nardavies.demon.co.uk</b>	<b>Schools &amp; Education</b>

**Practice Details:**

Reality Therapy Certified

Neil is a Basic Week Instructor and Faculty member. He works as a full -time Senior Educational Psychologist in the east of England. He can offer: individual and group supervision; help setting up support groups for parents, carers, survivors of our mental health services, etc; free workshops on Saturday mornings in Sudbury, Suffolk for anyone who has completed the Basic Intensive Week; management consultation; talks and demonstrations to public and private sector organisations helping leaders and others take responsibility and change damaging behaviours and thoughts resulting from a belief in external control

<b>Early</b>	<b>Dr Frances</b>	<b>Cambridges</b>	<b>01223 573133</b>	<b>fran1@cambridgebusinesspartners</b>	<b>Coaching</b>
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**Practice Details:**

Reality Therapy Certified

Frances offers mentoring and coaching for individuals and organisations for management, personal and work related development

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Ford</b>	<b>Francis</b>	<b>Shropshire</b>	<b>01939 260126</b>	<b>thefordeez@hotmail.com</b>	

**Practice Details:**

Reality Therapy Certified:

Frances offers counselling to both individuals and couples who are financially pressed, at special rates

<b>Gander</b>	<b>Christine</b>	<b>Buckingha</b>	<b>01908 669 808</b>	<b>c.gander@btinternet.com</b>	<b>Counselling</b>
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**Practice Details:**

Reality Therapy Certified

Christine (Chris) offers counselling to both individuals and couples

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Gorman</b>	<b>Adrian</b>	<b>West Sussex</b>	<b>01403 700023</b>	<b>info@realitytherapy.org.uk</b>	<b>Young People/Education</b>

**Practice Details:**

Reality Therapy Certified

Adrian offers individual and relationship counselling as well as Employee Support services. He offers training in Reality Therapy approaches with social care and education services as well as External Supervision and coaching.

Adrian is the Executive Administrator for The Institute for Reality Therapy UK and is an Advanced Supervisor on the Faculty programme

<b>Kirby</b>	<b>Lyn</b>	<b>Kent</b>	<b>01304 371560</b>
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**Practice Details:**

Reality Therapy Certified

Lyn incorporates the ideas of RT/CT in addiction in-patient and day patient programmes as well as in one on one therapy. She is based in Seven Oaks in Kent, and can be contacted at the above email address for more information

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Mallion</b>	<b>Bill</b>	<b>Suffolk</b>	<b>01284 755059</b>	<b>billmallion@supanet.com</b>	<b>Counselling</b>

**Practice Details:**

Reality Therapy Certified

After 15 years of work in the nationalised gas industry interrupted by 2 years National Service in the army, I trained and qualified at the National College as a Youth and Community Worker. Three and a half years of club-based work in Battersea (1964-1967) were followed by five and a half years of Detached Work in Bromley, Kent (1967 to 1973). During this time I received counselling training from the London Marriage Guidance Council, Westminster Pastoral Foundation, Centre for Therapeutic Communications (Reality Therapy), and Ealing Child Guidance Clinic. There followed ten years of lecturing in Socialwork, Nursing & Education at Ipswich, where I taught mainly counselling, groupwork and community work until 1973. Since then I have worked as a freelance counsellor, supervisor, trainer, and continued as a part time tutor in Counselling. Meanwhile I gained a Cambridge Diploma in Counselling and Groupwork, followed by Certification in Reality Therapy and now, through Practicum Supervisor, to Instructor. I work with all ages from adolescents upward, including ex-service personnel, the retired, those with mental health challenges, relationship and family difficulties etc. I supervise counsellors and other workers.

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Matthews</b>	<b>Rita</b>	<b>Staffordshir</b>	<b>01543 472096</b>	<b>mail@ritamatthews.co.uk</b>	<b>Counselling</b>

**Practice Details:**

Reality Therapy Certified

Rita is in private practice as a therapist. She holds 2 counselling deplomas, one in therapeutic counselling and the other in theory and practice. She is a member of BACP and FDAP

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<b>Pease</b>	<b>Jacquetta</b>	<b>London</b>	<b>020 8241 8515</b>	<b>jacquetta@blueyonder.co.uk</b>	<b>Counselling</b>
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**Practice Details:**

Reality Therapy Certified

Reality Therapist with special interest in addiction work, family members, couples and general one to one work undertaken. Appointments available from 8.30 to 8.30pm Monday to Friday.

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Perry</b>	<b>Dr Cassandra</b>	<b>Cornwall</b>	<b>01236 250870</b>	<b>perry.cassandra@googlemail.com</b>	<b>Counselling</b>

**Practice Details:**

Reality Therapy Certified

Cassandra (Sandy) is a counsellor and art therapist offering relationship counselling, coaching and confidence building programmes. She uses Reality Therapy as her preferred style of counselling

<b>Rowe</b>	<b>Geraldine</b>	<b>Buckingham</b>	<b>01628 477287</b>	<b>info@talkpsychology.co.uk</b>	<b>Schools &amp; Education</b>
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**Practice Details:**

Reality Therapy Certified

Practicum Supervisor. Specialising in Training and Consultancy for schools and Children's Services. Expertise in the application of Choice Theory and Reality Therapy in Schools and Early Years settings. Advice and training for schools aiming to achieve Glasser Quality School status. Based in Marlow, Bucks, and will travel to venues within UK and abroad.

Last Name	First Name	County	Home Phone	Email Name	Field
<b>Russell</b>	<b>Alex</b>	<b>Aberdeensh</b>	<b>01358 723 805</b>	<b>alexrussell931@hotmail.com</b>	<b>Addictions</b>

**Practice Details:**

Reality Therapy Certified

Alex offers general Group and individual counselling in Addictions.

<b>Snyder</b>	<b>Maggie</b>	<b>Hertfordshi</b>	<b>01727 867931</b>	<b>maggiesnyder@sky.com</b>	<b>counsellor</b>
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**Practice Details:**

Reality Therapy Certified

Maggie offers counselling for individuals and couples either short or long term, with experience with anxiety, bereavement, mental health issues and relationship stress. Maggie offers an eclectic approach and is BACP accredited. Maggie is also a member of our faculty team and supervises practicum sessions.

Concessions available for low income clients Contact maggie via the Institute administrator

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<b>Last Name</b>	<b>First Name</b>	<b>County</b>	<b>Home Phone</b>	<b>Email Name</b>	<b>Field</b>
<b>Speirs</b>	<b>Ronald</b>	<b>Perthshire</b>	<b>0135 727 602</b>	<b>ronaldhspeirs@cedardawn.wanado</b>	<b>Counsellor</b>

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**Practice Details:**

Reality Therapy Certified

Ronald Offers counselling in addiction as well as more general issues.  
As well as counselling Ronald offers training in lead management as used in business

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<b>Wiseman</b>	<b>Penny</b>	<b>Staffordshir</b>	<b>01543 472677</b>	<b>penny.wiseman@clara.co.uk</b>
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**Practice Details:**

Reality Therapy Certified

Penny offers an intergrated approach to personal/spiritual development that combines Reality Therapy with energy rebalancing and healing techniques.  
She also uses Reality Therapy for relationship counselling.  
Penny is a Practicum Supervisor

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